

## Guideline for activities to be covered during Health Mela (2009-10)

As in the previous financial year, Health Melas for the current year will be organised in 3(three) different locations, preferably in rural and far-off areas. IEC activities during the Health Melas should primarily focus on Family Planning, Maternal and Child Health, Malaria and Influenza H1N1 among others. Opening ceremonies of each Health Mela will be kept simple and cultural activities may be reduced to a minimum. Details of activities are mentioned below; however activities such as impregnation of bed-nets should be reduced to a minimum.

1. Registration Centre (OPD)
2. Stalls for:
  - I. Family Planning
  - II. Influenza A H1N1
  - III. Mother and Child Health/ Immunisation
  - IV. Nutrition/Anemia/Balanced Diet
  - V. Drinking Water/ Sanitation
  - VI. Malaria and other Vector Borne diseases
  - VII. Diarrhoea
  - VIII. NRHM Activities and schemes (IEC Stall with LCD Projector, provision to conduct street-plays in close proximity).
  - IX. Stalls for ASHAs and ANMs
3. Diagnostic Centre:
  - I. X-Ray
  - II. Ultra-sound
  - III. Blood/Urine and other examinations
4. Pharmacy:
  - I. Availability of medicines in adequate numbers
5. Chambers for Doctors:
  - a. Obstetrician/Gynecologist
  - b. Pediatrician
  - c. Eye specialist
  - d. ENT
  - e. Dental Surgeon
  - f. General Medicine
6. Tables, Chairs for Doctors
7. Seating rooms for patients

8. Construction of
  1. Pandals
  2. Urinals
9. Packet lunch, tea, snacks for Doctors and Paramedical staff.
10. Drinking water and washing facilities
11. Labour charges
12. Electricity-Generator
13. Stationary:
  1. Printing of Prescription Pads, registration slips etc
14. Technical session
  - a. Question-answer session
  - b. Discourses on health education
    1. Adverse effects of smoking/tobacco and alcohol consumption
    2. Diabetes control
    3. Personal and environmental hygiene
    4. Cancer
15. Human Resources
  1. Presence of volunteers in adequate numbers
  2. Presence of doctors in adequate numbers
    - a) Obstetricians/Gynecologists
    - b) Pediatricians
    - c) Eye-specialists
    - d) ENT-specialists
    - e) Dental Surgeon
    - f) General Medicine
  3. Availability of resource persons to talk on health issues
  4. Engagement of a sanitary inspector
  5. Engagement of a food inspector
16. Arrangement of adequate vehicles.

  
**Mission Director,**  
**National Rural Health Mission, Assam**

