

Guidelines for Vitamin A supplementation

The Department of Health & Family Welfare and NRHM, Assam has decided to take steps to accelerate administration of vitamin A and De-worming of children in the state by observing the "Child Protection Month" in the month of March. It is decided to carry out intensive activities during all Five Wednesdays (Village Health and Nutrition Days/ Immunization days) in the month of March'2010.

1. All the services of VHND will be provided during the month.
2. The provision of services will be made on the platform VHND/RI sites which includes MMU camps, Boat clinic Camps and emergency and relief Camps.
3. Identification of beneficiaries
 - a. 0-5 year (RI + Vitamin A)
 - b. 1- 5years (De-worming)
 - c. Pregnant women (ANC+ TT+ IFA)
 - Vitamin- A 1st dose: 9 month- 1 year- 1 ml or ½ measure spoon (available with the bottle)
 - Vitamin- A 2nd to 9th doses: 16 months and every 6 months interval- 2 ml or full measure spoon
 - Vitamin-A should be administered first to the beneficiary.
 - Vitamin -A should not be administered to a sick child. He can be covered after recovery.
4. District Community Mobilizer (DCM) should ensure mobilization of ASHA with the help of ASHA Facilitators for their active participation.
5. AWW and ASHA should ensure community mobilization and their participation.
6. All AWW with the help of ASHA will prepare the list of beneficiaries for Vit-A and a separate one for Deworming, and the list will be made available at the respective VHND/Session sites.
7. The required quantity of Vitamin-A solution with the measuring spoon is already available in the Sub Centre and the same will be utilized.
8. Special emphasis should be given to trace the Drop-out and Missed out beneficiaries of all the services so that not a single beneficiary is deprived of the services.
9. The services provided should be recorded in the tally sheet (to be provided) and Immunization Master Register. A separate record has to be maintained for the children who are De-wormed.
10. A DTF meeting for the implementation and supervision of the programme including Health and Social Welfare Department to be convened on 22nd February'2010 so that all the departments can be fully involved in the programme.
11. Block level meeting of DTF should be convened by SDM & HO on 23rd February'2010.
12. Training of ANM and AWW on De-worming should be completed on 25th and 26th February'2010.

