



**OFFICE OF THE MISSION DIRECTOR
NATIONAL RURAL HEALTH MISSION
JANA PATH, HOUSE NO. 16, KHANAPARA, GUWAHATI-22
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No. NRHM/MH/33/09-10/ 7612

Date: 10/06/2010

Guidelines

Micro Birth planning for JSY and Mamoni Beneficiaries.

In continuation of the previous guidelines on the subject some of the points have been modified as per the "Operational Guidelines on Maternal and Newborn Health" published by MoH&FW, GoI in April 2010.

Micro Birth Planning for JSY and Mamoni Beneficiaries is one of the most important activities for tracking of all pregnant women and promotion of Institutional Deliveries to be carried out in the different levels. The Proper implementation of the JSY and Mamoni Scheme will have definite impact on the Maternal and Newborn health. Micro Birth planning comprises of following steps:

Step	Activity	To be undertaken by	Proposed timeline
1	<p>All pregnant women identified need to be registered within first 12 weeks (1st trimester) of pregnancy and be treated as the 1st ANC. A copy of Ma-Moni booklet published by NRHM, Assam containing various health issues relating to <i>Nutrition, dos and does not</i> during pregnancy, Newborn Care and Family Planning to be handed over to the pregnant women in the time of registration and 1st ANC.</p> <p>The PW should be examined for the following</p> <ul style="list-style-type: none"> ○ Height ○ Weight ○ Blood Pressure <p>Essential Lab. Investigation</p> <ul style="list-style-type: none"> ○ Hemoglobin % ○ Albumin/ Sugar in Urine ○ ABO & Rh Grouping <p>The Beneficiary will have to open a Bank Account in her name. It is a prerequisite that she has to register herself in the Sub-center/Health Institution of her husband's address/ where the benefit of Mamoni Scheme will be available.</p> <p>The Mother and Child Protection Card (being introduced new version as per GoI Guidelines) and JSY Card to be filled up one for each mother. Filled up JSY card is to be submitted to Block PHC for verification and arrangement is to be made for issuing of 1st cheque of Rs. 500/- during the 2nd ANC (between 16-20 weeks).</p>	<p>SN/ANM (all SN/ANM including Boat Clinic, MMU, working in other institutions and Sub-centers) with the help of AWW/ ASHA/ Link Worker.</p>	<p>As early as possible pregnancy be confirmed taking help of urine examination for pregnancy test by using "Nischay" Kits available with ASHA. The date of 2nd ANC is to be informed to the pregnant women between 16-20 weeks.</p>

2	<p>2nd ANC for physical examination,</p> <ul style="list-style-type: none"> ○ Pallor, ○ Weight ○ Blood Pressure ○ Abdominal Examination – fundal height, fetal heart sound <p>Essential Lab. Investigation</p> <ul style="list-style-type: none"> ○ Hemoglobin % ○ Albumin/ Sugar in Urine <p>To ensure consumption of 100 IFA Tablets for all pregnant women and 200 for Anemic Women. Counseling on Nutrition and Institutional Delivery, 1st dose/ Booster dose of TT injection (and 2nd dose after one month). Assured referral linkages for high risk pregnancy.</p> <p>Pay an A/c payee cheque of Rs. 500.00 (1st installment) under Mamoni Scheme to the beneficiaries as per guidelines provided earlier.</p>	SN/ANM with the help of AWW/ ASHA/ Link Worker and Block Accounts Manager / PHC Accountant cum Asstt. BPM.	During 5 th month (20 Weeks) of pregnancy and inform the date of 3 rd ANC between 28-32 weeks.
3	<p>3rd ANC for physical examination,</p> <ul style="list-style-type: none"> ○ Pallor, ○ Weight ○ Blood Pressure ○ Odema ○ Abdominal Examination – fundal height, fetal heart sound <p>Essential Lab. Investigation</p> <ul style="list-style-type: none"> ○ Hemoglobin % ○ Albumin/ Sugar in Urine <p>Assured referral linkages for high risk and complicated pregnancy.</p> <p>Pay an A/c payee cheque of Rs. 500.00 (2nd installment) along with a voucher for referral transport under Mamoni Scheme to the beneficiaries as per guidelines provided earlier.</p>	SN/ANM with the help of AWW/ ASHA/ Link Worker	Between 28-32 weeks of pregnancy and inform the date of 4 th ANC around 36 weeks.
<p><i>Note: Height below 145 cm, increase of weight more than 3 kg in a month, BP more than 140/90 mm of mercury, the PW be examined by a MO.</i></p>			
4	<p>4th ANC (36 Weeks of pregnancy) for physical examination,</p> <ul style="list-style-type: none"> ○ Pallor, ○ Weight ○ Blood Pressure ○ Odema ○ Abdominal Examination – fundal height, fetal heart sound, lie, presentation ○ Examination of Breast (and counseling on benefits of early initiation of breastfeeding & exclusive breast feeding) 	SN/ANM with the help of AWW/ ASHA/ Link Worker and Block Accounts Manager / PHC Accountant cum Asstt. BPM	During 9 th month (36 Weeks) of pregnancy

	<p>Essential Lab. Investigation</p> <ul style="list-style-type: none"> ○ Hemoglobin % ○ Albumin/ Sugar in Urine <p>To be assured referral linkages for high risk and complicated pregnancies and deliveries.</p> <ul style="list-style-type: none"> ○ Identify the Health Center for all referral ○ Identify the place of delivery ○ Inform expected date of delivery 		
<p><i>N.B. Healthcare Providers including ASHA will motivate the beneficiaries for ANC at SC/ Village Health & Nutrition Day/ PHC and explain about the JSY benefits, Mamoni benefits and need & importance of institutional delivery for safety of the mother and Newborn while performing the activities under step 1 to step 4.</i></p>			
5	<p>BPL Certificates for the beneficiaries of home delivery is required for making payment of Rs. 500/- if Institutional Delivery not possible due to some unavoidable reasons.</p>	<p>ANM with the help of AWW/ ASHA/ Link Worker</p>	
6	<p>Disbursement of JSY incentives for beneficiaries and ASHA has been simplified to make payment on the basis of JSY Card while the mother still in Hospital Bed on certification by PHC Accountant/ Block Accounts Manager and MO, In-charge of the institution vide no. RCH II/ JSY/121/06-07/7214-40 dated 05th June 2010 without waiting for the discharge slip. Under no circumstances JSY incentives of the mother be handed over to the ASHA or any other person.</p>	<p>PHC Accountant/ Block Accounts Manager and MO, In-charge</p>	<p>JSY Card be handed over to the Pregnant Women if not done earlier at least 2-4 weeks before the expected date of delivery.</p>
7	<p>Payment of JSY Beneficiary by Account payee cheque.</p>	<p>Accounts Manager of the Institution where delivery is conducted.</p>	<p>A/c Payee Cheque is to be handed over to the mother just after Institutional delivery before discharge from the health institution.</p>

(Dr. J. B. Ekka)

Mission Director, NRHM, & Secy. to the Govt. of Assam, H & F.W., Deptt, Assam


Memo No. NRHM/MH/33/09-10/ 7613- 30

Date: 10/06/2010

Copy for favour of information to

1. The PS to Addl. Chief Secretary, H&FW Dept., GoA, Dispur, Ghy - 06
2. The PS to Minister, H&FW, GoA for kind appraisal of the Hon'ble Minister.
3. The Comm. & Secy., H&FW Dept, GoA, Dispur, Guwahati - 06
4. The Deputy Secretary to GoA, H&FW Dept. (Ms. M. Medhi, ACS), Dispur - 06
5. The Director of Health Services, Hengarabari, Guwahati - 36
6. The Director of Health Services (FW), Hengarabari, Guwahati - 36

7. The Director, RRC-NE, Khanapara, Guwahati - 22.
8. The Director, SIHFW, Assam, Khanapara, Guwahati - 22
9. The Project Officer (Health), UNICEF, Assam, Near Passport Office, Guwahati - 06
10. The Deputy Commissioner & Chairman, District Health Society - *Barpeta/ Bongaigaon/ Cachar/ Darrang/ Dhubri/ Dhemaji/ Dibrugarh/ Goalpara/ Golaghat/ Jorhat/ Karimganj/ K-Anglong/ Kamrup/ Kamrup - M/ Lakhimpur/ Morigaon/ Nagaon/ Nalbari/ Sivsagar/ Sonitpur/ Tinsukia/*
11. The Principal Secretary & Chairman, District Health Society - BTAD, Kokrajhar/ K-Anglong, Diphu & NC Hills, Haflong
12. The Superintendent of Civil Hospital -
13. Dy. Superintendent of FRU.....
14. The Addl. CM&HO (FW), *Barpeta/ Bongaigaon/ Cachar/ Darrang/ Dhubri/ Dhemaji/ Dibrugarh/ Goalpara/ Golaghat/ Jorhat/ Karimganj/ K-Anglong/ Kamrup/ Kamrup - M/ Lakhimpur/ Morigaon/ Nagaon/ Nalbari/ Sivsagar/ Sonitpur/ Tinsukia/*
15. SDM & HO I/c, BPHC..... to circulate this letter to all the Health Institution including Sub-Centers under the Block PHC and with a request to discuss these issues on PHC level Review meeting with Sector Medical Officers/ANMs/ Staff Nurses/LHVs/ BPM/BAM/PHC Account cum ABPM/ ASHA Facilitator/ ASHA and other Health Workers.
16. The District Program Manager - *Baska/ Barpeta/ Bongaigaon/ Chirang/ Cachar/ Darrang/ Dhubri/ Dhemaji/ Dibrugarh/ Goalpara/ Golaghat/ Jorhat/ Karimganj/ K-Anglong/ Kamrup/ Kamrup - M/ Kokrajhar/ Lakhimpur/ Morigaon/ Nagaon/ Nalbari/ NC Hills/ Sivsagar/ Sonitpur/ Tinsukia/ Udalguri.*
17. The Manager, HIMS, NRHM, Assam - with a request to upload in the website and also to circulate through e-mail for all concerned.
18. Officers of NRHM Directorate , Assam


 Mission Director, NRHM, & Secy. to the
 Govt. of Assam, H & F.W., Deptt, Assam